



Role Profile Physiotherapist – Women’s Team

Role Reports To: Head Coach – Women’s Team

Role Purpose: Lead the development and delivery of all aspects of physiotherapy services to the Women’s First Team, in line with the Club’s injury reduction and performance enhancement philosophy.

Main Responsibilities and Accountabilities

- Contribute to the success and achievements of the Women’s First Team and the Regional Talent Club (RTC) and Medical Department.
- Maintain license requirements by continuously striving for excellence, with the mission to provide a highly advanced level of service provision to the club’s female players.
- Deliver individualised player development and injury reduction strategies to manage injury risk and enhance individual and team performance in collaboration with the wider interdisciplinary team, ensuring effective long-term athletic development (LTAD) of all RTC players.
- Ensure that a multidisciplinary approach is taken to player management, working with the interdisciplinary team to improve and extend the evidence based medical provision and rehabilitation practices employed by the Women’s Team.
- Contribute to the design, implementation and effectiveness of athlete monitoring strategies and injury surveillance systems to objectively quantify player readiness to train and minimise injury risk throughout the Women’s Team.
- On a monthly basis, collect, analyse and present audited data to the interdisciplinary team to identify potential trends and risks factors associated with injury.
- Contribute to the delivery of project work or applied research within Aston Villa Football Club under direction of the Head of Women’s Football.
- Provide physiotherapy input into all individual learning and development plans to enhance performance of players and minimise the risk of injury.
- Devise and manage rehabilitation and treatment according to high quality research and departmental set return to play criteria.
- Ensure appropriate medical cover and availability for all Women’s training, games and external clinical appointments as per a pre-arranged training schedule.
- Contribute significantly to knowledge sharing and development across the club to support development of the Women’s provision and its staff.
- Utilise the club’s electronic medical records system WPS for accurate record keeping in line with professional regulations.
- Take personal responsibility for continued professional development, ensuring that you attend regular courses and conferences in addition to keeping an up-to- date portfolio.
- When required, to assist the Head Coach (or another senior officer of the Club) with any reasonable duties and responsibilities given.

Key Skills & Experience

- BSc (Hons) in Physiotherapy (minimum 2:1) is required, and ideally completed or working towards an MSc in a Physiotherapy-related subject.
- Advanced pitch-side first aid qualification (ATMMiF course).
- Hold membership to the Chartered Society of Physiotherapy (MCSP) and registration with the Health and Care Professions Council (HCPC).
- Extensive experience of working within a professional team sport and in the provision of physiotherapy services to high performance elite athletes.
- Extensive relevant evidence of sports medicine related continued professional development.
- Proven experience of working in an interdisciplinary team setting within a pressurised challenging environment.
- Experience of player profiling alongside developing and delivering strategies to manage injury risk and optimise performance.
- Experience of conducting pre-signing medicals in addition to formulation of player pre-signing documents for interdisciplinary team review.
- Extensive experience in planning and delivering advanced progressive rehabilitation programmes for elite athletes, and in developing and implementing innovative ideas to enhance service provision.
- Experience in use of multi-platform software packages i.e. Benchmark 54, PMA or WPS.
- Extensive knowledge of applied functional anatomy including demonstration of expert clinical reasoning skills.
- Comprehensive understanding of maturation and long-term athletic development and the performance demands of a professional female athlete.
- Knowledge and comprehensive understanding of the various roles within an interdisciplinary team in a footballing environment, and recent advances in sports medicine assessment, rehabilitation, screening and injury risk management.
- Excellent presentation and communication skills that can educate, advise and motivate players, coaches and parents.
- Ability to design and deliver individual rehabilitation programmes and ability to take a holistic approach to the treatment and rehabilitation of injury.
- Ability to use knowledge and practical expertise to promote the health and wellbeing of individual athletes.
- Flexibility is required for working evenings, weekends and on public holidays.
- Requirement to undergo an enhanced DBS check and sign up to the online DBS update service.
- Full Clean UK driving licence.